Lingual hæmorrhoids are vascular swellings which may be seen at the root of the tongue, due to dilation of the veins.

Treatment.-Regular exercise and the avoidance may be arrested by applying a sponge or cloth wrung out of hot water and applied over the inflamed and bleeding area. They may be treated later by the expulsion of the clot, or injection treatment of carbolic acid may be given.

The hæmorrhoids should be washed after each evacuation and if pain is severe morphia suppositories may be inserted into the anus afterwards. Emollient ointments and astringents may give some relief, also starch and opium enemata, but should bleeding or pain become very severe operative treatment may be carried out.

Complications.-Thrombosis, anæmia, prolapse of the rectum, and fissure in the anus.

Should an operation be necessary the patient is usually admitted into hospital two or three days before the operation is performed, so that an aperient may be given two days before the operation, followed by an enema saponis, to be repeated one day before the operation.

Sometimes the patient may be ordered a purgative 48 hours before the operation, followed by an enema 12 hours before the operation, or in some cases, a rectal wash out may be ordered 12 hours before the operation.

The area around the anus is shaved, and if the case is a female, a vaginal douche should be given. After the operation, the patient should have one pillow for the head and one for the knees, and an air ring.

The diet is fluid at first, for about four days, and the bowels confined, sometimes as long as from four to six days; after which they are opened by six ounces of olive oil or its substitute being passed through the tube which is stitched in the ano-rectal passage. Castor oil is given by mouth, and should no action of the bowel take place, an enema is given through the tube, the latter being removed by cutting the suture.

The wound is syringed after each evacuation and vaseline gauze is sometimes packed in the cavity.

Injection treatment, first used in the United States, is another form of treatment for internal hæmorrhoids.

### **BLIND EXPERT MASSEURS TO STAFF PROVINCIAL CLINICS.**

# £100,000 LEGACY FOR DEVELOPMENT OF THE PROFESSION.

Several English cities are likely to benefit from Mr. William Eichholz's  $\pounds100,000$  legacy for the development of the Alfred Eichholz Memorial Clinic in London and of the blind professional masseur generally. The National Insti-tute for the Blind, which administers the clinic, hopes to use some of the money to open similar clinics in provincial centres.

When the Institute founded the Eichholz Clinic in 1931, Mr. Eichholz paid all the cost of its establishment and equipment as a memorial to his deceased cousin, Dr. Alfred Eichholz, of the Board of Education. He became an enthusiastic admirer of the ability of its blind staff.

All the new clinics in the provinces will be staffed by blind physiotherapists trained at the Institute's school. This was enlarged last year to meet the training needs of war casualties in the forces and among civilians.

## THE BRITISH COLLEGE OF NURSES, LTD.

The following letter and copy of a Resolution adopted by the Council of the British College of Nurses, Ltd., at a recent meeting has been addressed to all the new applicants for election to the General Nursing Council for England and The Resolution has not been sent to applicants Wales. applying for re-election, as presumably they have agreed to de-grading of nursing standards by supporting the Nurses Act, 1943, instituting a Roll of Unqualified Assistant Nurses.

" То

"Dear

"The Council of the British College of Nurses, Ltd., note that you are standing as a candidate at the forthcoming election of the General Nursing Council for England and

Wales. "At its meeting on Wednesday, September 27th, the enclosed Resolution was unanimously adopted, and I was directed to forward a copy to you, inviting your support to the demand that Rule 19 of the Nurses Act, 1943, should be amended, and that Registered Nurses shall not be called upon to finance the Assistant Nurses' Roll, in any particular whatever.

"In the opinion of the Council of the British College of Nurses, Ltd., the cost of the organisation of Assistant Nurses should be defrayed by the Treasury or the Public Authorities which train and employ them, as provided for midwives under the Midwives Act.

"Under no circumstances should Registered Nurses be financially responsible for any deficit in the administration of the Assistant Nurses' Roll. "Yours sincerely,

"A. STEWART BRYSON, S.R.N., Secretary."

#### RESOLUTION

To New Candidates for Election as Members of the General Nursing Council for England and Wales.

"At a meeting of the Council of the British College of Nurses, Ltd., held on Wednesday, September 27th, 1944, it was agreed to ask new candidates for election to the General Nursing Council for England and Wales if they are prepared to support the demand for the amendment of Rule 19 of the Nurses Act, 1943, whereby the Council is empowered to pool, and expend funds subscribed for special purposes by Registered Nurses, in support of general expenses, including the organisation (and deficit if necessary) of maintaining the Roll of Assistant Nurses, a class of nurse who does not attain the professional standards obligatory for the Registered Nurse.

"In the opinion of the Council of the British College of Nurses, Ltd., such expenditure is totally unjustifiable as it compels the Registered Nurse to support the de-grading of the educational and professional standards she has attained under the Nurses Registration Act, 1919; and divert cash she has contributed for this purpose to totally unjustifiable demands.'

### The Annual Meeting.

We would remind Fellows and Members of the British College of Nurses, Ltd., that the Annual Meeting has been summoned to meet at the Office, 19, Queen's Gate, London, S.W.7, on Thursday, November 23rd, 1944, at 2.30 p.m., when, in spite of bombs and blast, a satisfactory report of the year's work and financial statement will be presented.

Let us hope that before another year has elapsed, the necessary repairs will have been made, and that the day is not far distant when all the treasures now safely hidden away, may see the light of day.

It will be remembered that most of the antique furniture refused to be smashed by Hitler.

October 9th, 1944.

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